



Care solutions for people of all cultures with disabilities.

It's our obligation and devotion to provide the best care.
God provides the healing.

culturalhomesinc.com

RESPIRE CARE SERVICES

Being a caregiver is a responsibility that can be rewarding, but can also consume a great deal of physical, mental, and emotional energy. At times, taking a break from those responsibilities may seem impossible. Your loved one or family member needs your constant care and support, which may leave little time for you to take care of yourself or other family members.



Our Respite Care Services include, but are not limited to:

- ✓ Assistance with activities of daily living
- ✓ Performing personal care (bathing, grooming, etc.)
- ✓ Dressing
- ✓ Meal preparation
- ✓ Performing light housekeeping
- ✓ Laundry
- ✓ Providing companionship
- ✓ Entertaining
- ✓ Oral hygiene and skin care
- ✓ Incontinence care
- ✓ Assistance with ambulation
- ✓ Providing transfer assistance

Additional Cultural Homes services include:

Residential Care Services
In-Home Support Services
Semi-Independent Living Services
Independent Living Services
Pre-Vocational Services
Supported Employment Services

For more information:
www.culturalhomesinc.com

Cultural Homes, Inc. enables individuals to comfortably remain in their own environments or out of their home, while providing caregivers with a much needed interval of rest or relief. A period of respite may be a few hours to a few days in length. These short-term breaks can help to relieve stress, restore energy, and promote balance in your life. It also enables you to share the responsibility for caregiving while getting the needed support for yourself and loved ones.

Cultural Homes, Inc. provide family caregivers with an opportunity to take a break from their caregiver responsibilities, leaving their family member or loved one in the hands of a trusted Cultural Homes, Inc. respite staff member. Our respite team is comprised of caregivers that have experience in a variety of settings, (hospital, residential, and nursing home)

About Cultural Homes

Our mission is to improve the health and the well being of our residents by providing culturally appropriate services and a safe environment.

We encourage independence and help to improve our residents' quality of life. Our care plans are designed to maximize individual abilities, with the ultimate goal of independent living. We are dedicated to the well-being of our residents and are physically and mentally capable of providing the best care.

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